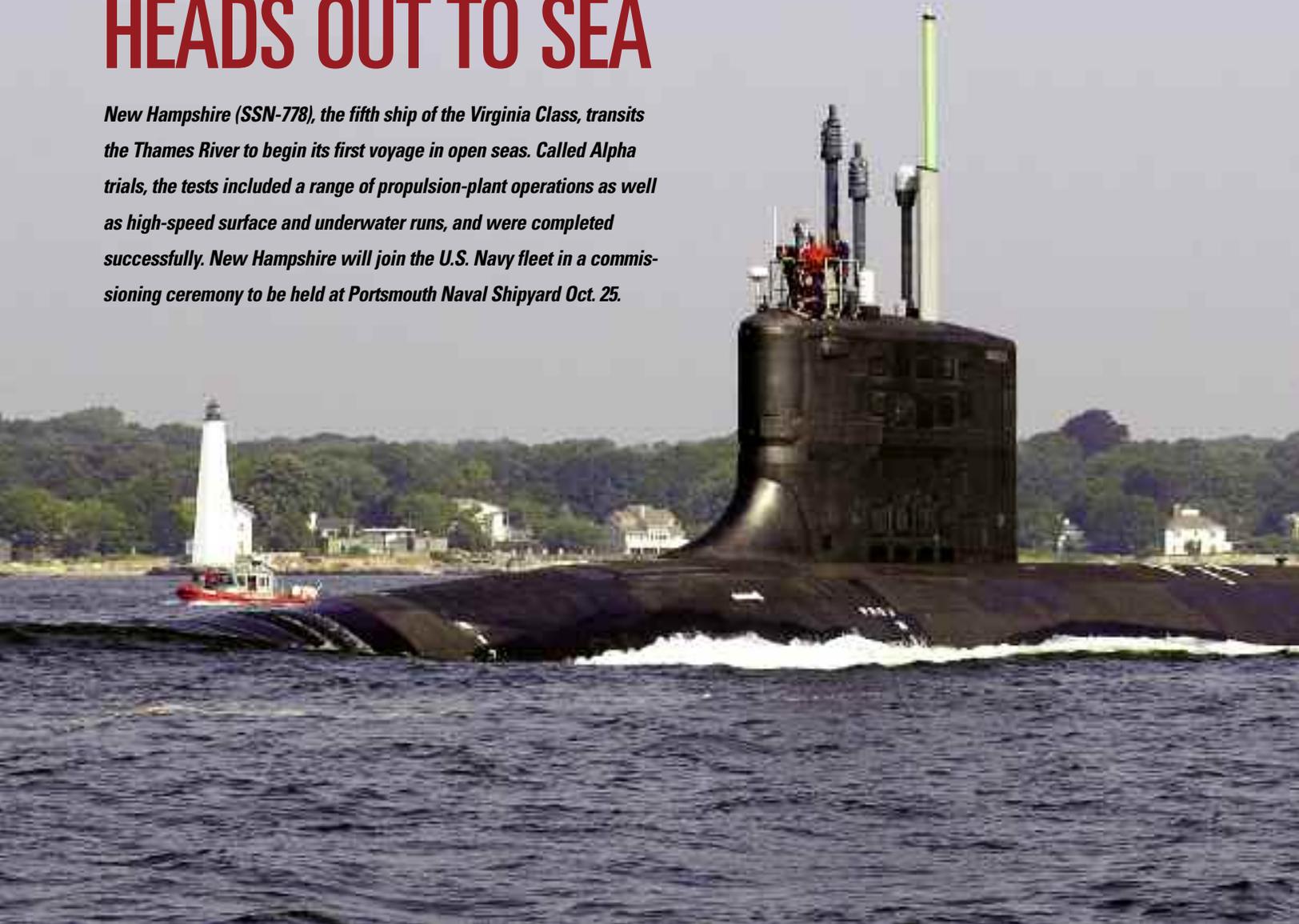


Electric Boat NEWS

AUGUST 2008

NEW HAMPSHIRE HEADS OUT TO SEA

New Hampshire (SSN-778), the fifth ship of the Virginia Class, transits the Thames River to begin its first voyage in open seas. Called Alpha trials, the tests included a range of propulsion-plant operations as well as high-speed surface and underwater runs, and were completed successfully. New Hampshire will join the U.S. Navy fleet in a commissioning ceremony to be held at Portsmouth Naval Shipyard Oct. 25.



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General Dynamics Board Elects Gallopoulos Vice President

FALLS CHURCH, Va

The board of directors of General Dynamics has elected Greg Gallopoulos a vice president of the corporation. Gallopoulos, 48, joined the corporation as deputy general counsel in July.

Prior to joining General Dynamics, Gallopoulos spent 24 years in private practice at Jenner & Block LLP, a Chicago-based law firm, where he had served as managing partner since January 2005. Prior to assuming that position, Gallopoulos served in several management capacities at the firm and represented General Dynamics in a wide variety of litigation matters, including government contracts, commercial contracts, tax, securities, divestitures and acquisitions.

Gallopoulos received his J.D. degree from the University of Michigan Law School and received his A.B. degree from the University of Michigan, College of Literature, Science and Arts. 🌟

EB's Continuing Success Depends On Continuous Improvement

Process improvement requires a lot more than an understanding of the process itself, graduates of Electric Boat's two newest Lean Six Sigma Green Belt classes agreed. It's equally important to understand the people who use those processes.

The graduates said among the most important skills they learned in the course were the ability to build relationships, to understand not only how people do things a particular way but why, and how changes to a particular process might affect other processes in the company that might seem unrelated.

But EB President John P. Casey said the company is going to rely heavily on the improvements that the new graduates will embark on as they put their new skills into use. EB must make sure its ability to serve the Navy matches the Navy's new ways of doing business in the 21st century, which will require a constant evolution of product and processes. But more important, he said, when you are the best, you become the standard that everyone wants to beat.

"When you're good, people want to get better than you," Casey said. "What's important is your ability to get better."

"It doesn't mean we have to throw away everything that we do, but we need to be able to ask questions about why we do it the way we do it, and whether there is a better way," Casey said.

The 40 graduates included six foremen and three supervisors, with planners, engineers and designers all represented. Students also came from other General Dynamics units – NASSCO and Amsea – as well as the Navy (Supervisor of Shipbuilding and Nuclear Regional Maintenance Department).

"What you've learned here – no matter where you go, no matter what you do – will give you a valuable toolset," said Kristin Fletcher, vice president and chief information officer. Not only will the graduates contribute significantly to efforts to reduce the cost of submarine construction, but they will affect the choices the company must make as it implements the next-generation Integrated Product Development Environment that will maintain EB's position as a leader in submarine design and construction.

"I'm very proud of you, you did a great job," said Deneen Thaxton, director of Lean Six Sigma. "We're looking forward to you being an important part of the business going forward."

Traditional Green Belt Class 2007-3

Royal Allard (441); Armand Allen (431); Matt Alu (210); Julie Bliven (210); Timothy Castleberry (243); Joseph Filardi (210); Stefanie Gilbert (686); George Gregory (741); Alex Houston (330); William Jennings (957); Ed Kaminski (931); Mark McCoy, NASSCO; Ed Mello (950); Cmdr. Keith Peterson, Supship; John Saporita (100); Lisa Singleton, NASSCO; Frank Trapp (792); James Turano Jr. (226).

Traditional Green Belt Class 2008-1

J. Bennett, NASSCO; Matt Berkholz, AMSEA; Craig Berlehner (492); Nicholas Boehm (433); Lt. Brad Brezinski, NRMD; Laurie Brodhead (405); Megan Fitzgerald Roberts (412); Nicholas Godlewski (416); Michael Holdsworth (438); Jack Hoxsie Jr. (931); Santos Jones Jr. (452); Eric Kedron (467); Stefan Kilis (210); Antone Medeiros Jr. (951); Eric Minter (969); Eduardo Morcos (686); Michael Radkovich (935); Sylvia-Mary Raymond (957); Michael Schietzelt (210); J. R. Scott, NASSCO; Kate Singer (210); Jennifer Topham (251). 🌟

WELCOME TO ELECTRIC BOAT;

Please help welcome the following employees,
who have recently joined the company:

- | | | | |
|---------------------|--------------------|--------------------|----------------------|
| 323 GERALYN DOWLING | 448 AARON FELDMAN | 456 JORDAN COTNOIR | 463 JEFFREY ADAMS |
| 330 JAMES DIMITRI | KOLAWOLE LADOJA | KINSEY ELDRIDGE | KYLE SWAIDNER |
| JEFFREY WILLIAMS | 449 JAMES CORCORAN | EMILY LAMB | 492 MARK SLATER |
| 403 JAMES HARRIS | BRYAN PHAR | RACHEL PERKINS | 493 DEAN PASQUERELLA |
| 410 SCOTT MISIASZEK | 452 DAVID MARCOTTE | BRIAN RICHARDSON | ANKIT SHARMA |
| 413 AMANDA BABICZ | SHAMEKA | THOMAS SMITH JR. | MATTHEW WYKA |
| ELAINE SMITH | OWENS-HAYWARD | AMY THORMAHLEN | 496 ZACHARY ANNINO |
| 416 ZACHARY KOESTER | THEODORE SOTER | JOSHUA WELSH | SEAN STRIZZI |
| 431 LOC NGUYEN | PATRICK WIGHTMAN | 459 EDWARD DUTRA | 602 KELLY LEWIS |
| 433 KEITH BUCHANAN | 453 PHIL DIMARIA | COLIN MORAN | 615 DANIEL MURPHY |
| 443 ALEX BORST | RYAN LOOSEMORE | MARK VOITLEIN | 644 KAREN KERAMIDAS |
| ALBA ESCOBAR | | | |

Dan Barrett,
Editor

Peter Norosky,
Editorial Intern

Bob Gallo,
Gary Slater,
Gary Hall,
Photography

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Improved Hull-Coating Process Wins GD Manufacturing Excellence Award



Gathered together at the General Dynamics Manufacturing Excellence Award ceremony are, front row from left, John Casey, EB president; Kevin Savage, general foreman; Gil Bissett, Quonset Point area superintendent; Gary Bellows, Quonset Point senior operations analyst; Don Kniss, carpenter; Keith Moffat, Quonset Point superintendent; and Mark Makoid, superintendent. In the back row are, from left, Jeff Geiger, senior VP Operations and Engineering at BIW and chair of the GD Manufacturing Council; Bill Frydryk, site manager – Quonset Point; Vasco Castro, superintendent; Mike Alu, director of Operations and Facilities; Tony Moniz, Quonset Point director of Manufacturing and Planning; Nicholas D. Chabreja, GD chairman and CEO; Kevin Devine, VP – Submarine Maintenance and Modernization; Mike Toner, GD executive VP – Marine Systems; and Will Lennon, VP – Operations

An Electric Boat team that significantly improved the hull-coating process for Virginia-Class submarines and sharply reduced overall program costs and span times has been honored with a General Dynamics Manufacturing Excellence Award.

The team's project was split into two phases. The first was focused on shortening the post-delivery installation time for the initial submarines of the class; the second involved completing the hull treatment process before delivery for subsequent ships.

Historically, about 9 percent of hull coatings have been applied during new construction, with the remainder installed during the Post-Shakedown Availability (PSA) period, which required up to 11 months to complete. As part of the Virginia Program, however, the

continued on page 7



New Hampshire Moves Toward Completion

Above, awaiting the start of its Alpha trials, the submarine New Hampshire is tied up to the north wing wall of Graving Dock 2 in the predawn darkness.

Left, following New Hampshire's return to Groton, Vice Adm. Paul Sullivan, commander – Naval Sea Systems Command, spends a few moments with Stan Gwudz, Virginia Class ships manager. Sullivan told Gwudz New Hampshire was one of the best ships he had been aboard, and said he was impressed with the submarine's condition and performance during its initial sea trials. 🇺🇸

Reducing Wrench Turns Saves Time And Money

Having seconds off the time required to turn a wrench on a bolt can mean big savings on the cost of constructing and repairing submarines, as Foreman Charlie Recchia (252) learned with a recent Process Improvement project.

Recchia was team leader on a project suggested by a carpenter that evaluated using a cordless impact wrench instead of hand tools to assemble the staging lifting beams that are used to lift the staging towers that surround a submarine in dry-dock. In the most recent application, the lifting beams were used to land the staging for the Post Shakedown Availability on the USS Hawaii (SSN-776).

Although it only takes about 90 seconds per bolt, there are about 1,400 bolts that have to be installed on the 20 towers that surround a submarine, which translates into about 35 hours when done with a hand wrench.

At 10 seconds per bolt with a cordless impact wrench, that time was reduced to less than four hours, without any time spent running pneumatic lines for an air impact wrench.

That means the savings from the first ship equaled about three times the cost of the impact wrench. And when the time comes to break down the staging, the savings will more than double.

“More important, it definitely will reduce injuries,” Recchia said. “It was a real simple change, but it was a great idea.”

Since the staging is assembled in pieces, there was never a problem with the cordless impact wrench running out of power – it was simply plugged into its charger whenever it was not in use.

Project Champion Skip Castro, superintendent of carpenters and painters, is already looking for other tasks where the cordless impact wrench might be utilized.

“There are many of other areas where the use of this tool makes sense,” Castro said. “This is another example of our outstanding workforce finding ways to work smarter, rather than harder” said Castro. 🌟

New Wellness Program Offers Opportunities For Good Health, Cash And Prizes

“It All Counts” is Electric Boat’s new health and wellness initiative that provides opportunities for employees to maintain good health and win cash and prizes. The program is open to all employees as well as spouses covered under one of EB’s health plans.

“It All Counts” increases the prizes available to \$125,000, up from \$100,000 in the previous “Let’s Get Physical” program.

It also provides more opportunities for you to enter the raffle. You will be eligible if you or your spouse complete or participate in one of the following between Dec. 1, 2007, and Nov. 30, 2008:

- ▶ Smoking cessation program
- ▶ Health risk questionnaire
- ▶ A physical from your primary care physician
- ▶ “Know Your Numbers” onsite health screening

These wellness actions can maintain and improve your health, and provide early identification of any medical issues so that treatments and outcomes are optimized.

Please note: one entry per employee/spouse.

United Healthcare and HealthNet will record when you or your spouse has an annual physical and/or completes the health risk questionnaire.

Smoking cessation programs must be approved by your facility’s medical director.

“Know Your Numbers” entries will be tracked by the Yard Hospital in Groton and the Medical Dispensary at Quonset Point.

Here’s how to complete a health risk questionnaire:

- ▶ For those with HealthNet insurance:
<https://www.healthnet.com/eb>
- ▶ For those with United Healthcare:
<https://generaldynamics.online.staywell.com/>

For more information, please contact:
Groton – Doria Sklar (860-433-6391)
Quonset Point – Donna Patterson (401-268-2207) 🌟

General Dynamics Sponsors National Merit Scholarship Program For 2010

For high school junior (grade 11/third year) students who will be completing or leaving high school and entering college in the fall of 2010*

This scholarship program is sponsored by General Dynamics for sons and daughters of current employees. The annual competition is conducted through the National Merit Scholarship Program by National Merit Scholarship Corporation (NMSC), an independent, not-for-profit organization. NMSC's purposes are to identify and honor exceptionally able high school students and provide a system of services for corporations, foundations, and other organizations that wish to sponsor college undergraduate scholarships for outstanding students who interest them. All aspects of the selection of winners and the administration of their awards are handled by NMSC.

Who is eligible?

Only high school students who are sons and daughters of current employees of General Dynamics and its business units can compete for these scholarships. These students also must meet all requirements for participation in the National Merit Scholarship Program that are published in the Official Student Guide to the PSAT/NMSQT, which is updated annually and distributed to students through their high schools.

To participate in the program, students must take the qualifying test, the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) during the proper high school year.

In general, students who spend the usual four years in grades nine through 12 must take the PSAT/NMSQT when they are in their third year (grade 11/junior year). Participants also must be U.S. citizens, or U.S. lawful permanent residents (or have applied for permanent

residence, the application for which has not been denied) who intend to become citizens at the earliest opportunity allowed by law. The Official Student Guide to the PSAT/NMSQT explains these and other requirements for the competition, gives detailed information about the test (including sample questions and a complete practice test), and describes the scholarship programs NMSC administers.

* Students who plan to leave high school a year (or more) early to enroll in college full time should refer to the Official Student Guide to the PSAT/NMSQT or contact NMSC about when to take the test.

How does a student enter the General Dynamics-sponsored National Merit Scholarship Program for 2010?

To enter the competition for the General Dynamics-sponsored National Merit Scholarship Program that will be awarded in the spring of 2010, the student must take the PSAT/NMSQT in the fall of 2008, on the date their school chooses for the administration, either Wednesday, Oct. 15 or Saturday, Oct. 18, 2008. At the beginning of the 2008–2009 school year, the student should obtain a copy of the 2008 Official Student Guide to the PSAT/NMSQT from the high school counselor and make arrangements with the school to take the PSAT/NMSQT in October.

Important information about the PSAT/NMSQT

► The 2008 PSAT/NMSQT is the qualifying test to enter the 2010 competition. Scores from prior PSAT/NMSQT

administrations (2007 or earlier) cannot be used for participation in the 2010 program.

► The 2008 PSAT/NMSQT will be administered on Wednesday, Oct. 15 or Saturday, Oct. 18.

► As a sponsor of the examination, NMSC receives all 2008 PSAT/NMSQT scores and information students provide on their answer sheets. Therefore, students do not need to report their PSAT/NMSQT scores to NMSC.

► For more information about the PSAT/NMSQT or the National Merit Scholarship Program, visit NMSC's web site at www.nationalmerit.org

NOTE: A student who does not take the 2008 PSAT/NMSQT because of illness, an emergency or other extenuating circumstances (but meets all other participation requirements), may still be able to enter the 2010 competition. To request information about possible arrangements for alternate testing, the student must write directly to NMSC as soon as possible after the October 2008 PSAT/NMSQT administration but no later than March 1, 2009. The student should not delay; the earlier the student writes, the more options there are for scheduling test dates. The letter must be postmarked on or before March 1, 2009 for the request to be considered. Write to National Merit Scholarship Corporation, Attn: Educational Services, 1560 Sherman Avenue, Suite 200, Evanston, Ill. 60201-4897; telephone (847) 866-5100.

How are winners selected?

All winners of the General Dynamics-sponsored National Merit Scholarship

Program will be chosen from a group of candidates who qualify as semifinalists in the National Merit Scholarship Program on the basis of their 2008

PSAT/NMSQT scores and who then advance to the finalist level by meeting several academic and other requirements set by NMSC. Semifinalists will be notified through their schools in September 2009. These students and their high school principals will complete applications that include biographical and academic information that must be filed with NMSC. Scholarship winners will be chosen on a competitive basis and without regard to family financial circumstances, gender, race, ethnic origin or religious preference. An NMSC committee of professionals trained in selection will choose the winners by evaluating several factors about each eligible candidate; these include academic record throughout high school, significant activities and contributions to the school and community, test scores, the school's recommendation of the candidate and the student's essay

about personal characteristics, activities, plans and goals. In most cases, winners will be notified by NMSC in March of 2010. All winners are notified directly prior to any public announcement that may be made about recipients.

What is the amount of the award?

Each General Dynamics-sponsored National Merit Scholarship is a one-time award of \$2,500 that is sent to the winner's college as a single payment in the fall of 2010. Other scholarship aid or an approved change in college will not affect the amount of the award.

Are there requirements that scholarship winners must meet?

Yes. The formal offer of a General Dynamics-sponsored National Merit Scholarship that NMSC sends to each winner specifies terms for acceptance of the award. A winner must enter college in the fall term following selection and must enroll as a full-time undergraduate in a college or university in the United States

that holds accredited status with a regional accrediting commission on higher education. (Scholarship stipends are not payable for attendance at service academies, virtual universities and certain institutions that are limited in their purposes or training.) Also, the winner must attend college during the day, enroll in a course of study leading to one of the traditional baccalaureate degrees and remain in good academic and disciplinary standing.

Who handles scholarship procedures?

All phases of the competition, including the selection of winners and payment of scholarship stipends are handled for General Dynamics by National Merit Scholarship Corporation.

Questions may be addressed to:

Arlene Nestel
2941 Fairview Park Drive, Suite 100
Falls Church, Virginia 22042

continued from page 3

hull coating process was analyzed using Lean manufacturing techniques in an effort to cut costs and schedule. The carpenter organization, engineering, ships management, and belts all contributed to the development of the improvement process.

Several changes were introduced by the group assigned to the task in phase one. Some of the significant changes included daily goal setting and measuring, solicitation and implementation of trade suggestions, maximized process efficiencies, pre-job planning, training, and the creation of smaller, more manageable tasks.

These new approaches produced impressive results reducing post-delivery span time by five months or 40 percent. Savings of over \$13 million during two PSAs were realized. "We set and achieved extremely challenging performance goals. The results of our many changes are astounding" said Carpenter and Painter Superintendent Skip Castro.

Phase two of the hull coating improvement process had two primary goals:

► To perform installation concurrent with modular construction and

► To continually optimize the process to reduce span and cost.

Accomplishing these objectives required a major paradigm shift – "Bringing the process to the ship" – which translated to the design and construction of a new coatings facility at Quonset Point. Engineered specifically to accomplish the hull-treatment process, this facility accommodates the largest hull sections and allow modules to "drive though" on transporters.

The new facility, completed in March 2006, eliminates the requirement for a temporary hull coating prior to PSAs, maximizes the coverage of hull modules and supports the plan to reduce PSA schedules by removing the activity from the scope of work to be performed.

Overall, phase two of the project is expected to save at least \$139 million over the life of the Virginia program. And by eliminating the need for hull treatment during PSAs, the project will provide important support to the Navy in its efforts to maintain submarine readiness.



HEALTH MATTERS

Bob Hurley, MD
Medical Director

It started benignly enough. I looked to the grey sky above and mistakenly surmised I had enough time to get in a quick run before the thunder showers returned.

I was wrong. Thirty minutes later I found myself in a torrential downpour more than a mile from home. As I slowly made my way on the water-filled roads, my attention was drawn to the lightning and thunder directly above. Avoiding water, high ground and open spaces I made it within view of my street ... and that's when I fell.

Luckily, I landed on soft ground rather than hard tarmac. I picked myself up quickly and took personal inventory – a bent eye glass frame and a few scratches and bruises. But it got me thinking about falls and the potential negative impacts associated with them.

Falls Happen

Falls increase with age. Those over 65 have a 30 to 40 percent chance of falling in any year. A history of a prior fall increases the risk to 60 percent. In the older adult, the results of falls can have a significant impact on the level of func-

tioning – for the rest of your life. The most dreaded result of falling though is the hip fracture. This diagnosis is expected to increase as the American population ages. One in five persons dies in the first year after sustaining a hip fracture, and those who survive past one year may have significant difficulty with movements. Of those who survive one year after hip fracture, only 40 percent can perform all routine daily activities and only 54 percent can walk without an aid.

Fall prevention

Successful prevention of falls begins with knowledge and acceptance of age-related changes that increases risk of falling. Secondary to the aging process, there is deterioration of the visual, proprioceptive (sensory) and vestibular (balance) systems. For example the aging eye has reduced visual acuity, depth perception, contrast sensitivity and dark adaptation. The proprioceptive system loses sensitivity in the lower extremities (your feeling of the floor is less distinct and feedback to the brain less accurate). The vestibular system demonstrates loss of the labyrinthine hair cells, vestibular ganglion cells and nerve fibers (all related to balance).

Fall strategy

Hip fracture prevention strategies include exercise (especially weight lifting) and balance training. Interventions to reduce the risk of falls should target identified risk factors such as:

- ▶ Muscle weakness
- ▶ History of falls
- ▶ Use of four or more prescription medications
- ▶ Use of an assistive device
- ▶ Arthritis
- ▶ Depression
- ▶ Age of 80 years and older

▶ Impairments in gait, balance, cognition, vision or daily activities.

Interventions include strengthening exercises combined with gait and balance training, assessing and eliminating trip hazards in the home and monitoring and adjusting the medications that might cause dizziness or unsteady gait.

What can I do to lower my risk of falling?

Because most falls (75 percent) occur in the home, you can make sure your home is safe by following these tips:

- ▶ Make sure that you have good lighting in your home. As we age, less light reaches the back of the eyes where vision is located. The lighting in your home must be bright so you can avoid tripping over objects that are not easy to see. You should put nightlights in your bedroom, hall and bathroom.
 - ▶ Fasten rugs firmly to the floor or use rugs with a nonskid backing. Loose ends should be tacked down.
 - ▶ Do not allow electrical cords to be lying on the floor in walking areas.
 - ▶ Put handrails in your bathroom by the bathtub, shower, and toilet.
 - ▶ Have support rails installed on both sides of stairs and be sure the stairs are well lit.
 - ▶ In the kitchen, make sure items are within easy reach. Do not store things too high or too low. Then you will not have to use a stepladder or a stool to reach them.
 - ▶ Wear shoes with firm, nonskid, non-friction soles. Avoid loose-fitting slippers that could cause you to trip.
- ## What else can I do?
- Take good care of your body. Try to stay healthy by following these tips:
- ▶ See your eye doctor once a year. Cataracts and other eye diseases can cause you to fall if you do not see well.

Retirees

▶ Exercise regularly to keep your bones and muscles strong.

▶ Take good care of your feet. See your doctor if you have pain in your feet or large, thick nails or corns.

▶ Talk to your doctor about any side effects you may have with your medicines. Problems caused by side effects from medicine are a common cause of falls.

▶ See your doctor if you have dizzy spells.

▶ If your doctor suggests that you use a cane or a walker to help you walk, please use one. This will give you extra stability when walking and will help you avoid a bad fall.

▶ Do not smoke.

▶ Limit alcohol to two drinks per day.

▶ When you get out of bed in the morning or at night to use the bathroom, sit on the side of your bed for a few minutes before standing up. Your blood pressure takes some time to adjust when you sit up. It may be too low if you get up quickly. This can make you dizzy, and you might lose your balance and fall.

Osteoporosis

Another risk factor for sustaining hip fracture is osteoporosis. During your annual physical, talk with your doctor about your risk for this condition. From that discussion, your doctor can assess the need of a bone mineral density (BMD) screening. National guidelines recommend routine BMD screening to detect osteoporosis in women older than 65 years. It is also recommended that postmenopausal women 60 to 64 years of age who have risk factors for osteoporosis in addition to menopause should receive screening. The BMD value is important as a grade one standard deviation below the average (mean) significantly increases your risk of a hip fracture. If your BMD score is significantly low, your doctor may recommend treat-

ment with a medication.

The National Osteoporosis Foundation (NOF) makes no distinction between men or women when it comes to osteoporosis. Even men under 65 with significant risk factors may have the condition. The NOF recommends that all individuals should participate in regular weight-bearing exercise, quit smoking, limit alcohol intake, and receive at least 1200 to 1500 mg of elemental calcium and 600 to 800 IU of vitamin D per day.

Come in out of the rain

The EB Building Better Health team has what you need to take care of your bones. We have onsite gym facilities at both Groton and Quonset Point. Whenever you exercise, please consider weight-lifting three times per week for 20 minutes to keep your bones strong and resistant to trauma. EB Building Better Health offers free to all workers calcium supplementation with Vitamin D to assure that you get the recommended daily amount.

In addition, EB Building Better Health is offering a screening bone density examination Oct. 6. Based on your results, you may want to speak with your doctor about additional testing. For more information on the calcium program, please come to the Yard Hospital (Groton), the Dispensary (Quonset Point) or to one of our frequent health screenings held throughout the year.

Falls and hip fractures, like many medical issues, are complex and dependant on individual risk factors. No one program is right for everyone. Please speak with your doctor about your bone health during your annual physical. Alternatively, you may contact Doria Sklar at 433- 6191 for a private discussion. ❖

271 Robert L. Teple Jr.
32 years
Superintendent, Area

438 Rick Wright
36 years
Dosimetry Techn 1/C

452 Raymond A. Peabody
30 years
Piping Sr Designer

459 Darnell A. Aker
28 years
Arrgt Sr Designer

501 Charles Bartnicki Jr.
32 years
Foreman

904 Charles F. Minett Jr.
30 years
Install Mech I

911 Raymond H. Pelletier
26 years
Struct Fab Mech I

915 Robert R. Maher
32 years
Install Tech III

921 Arthur G. Brouillard
28 years
Struct Fab Mech I

933 Victor H. Challberg
33 years
Matl Svc Rep I

Classified

AUTOS/TRUCKS

2002 CHEVY 2500 HD LS. Indigo blue. 30K. 6-liter. Heavy duty 4-speed auto. Tow and haul. Snow plow prep (never plowed), dual batteries, trailering package. Too much more to list. Stored in heated garage. Must see. This truck is mint. \$16,000. 443-4374, leave message.

BOATS

BOAT TRAILER. 2005 SeaRay Shorelander 22 ft. tandem bunk style trailer with detachable tongue and surge brakes. Available to "borrow." Will negotiate. 884-1745.

MISCELLANEOUS

AMERICAN GIRL DOLL clothes and furniture. Dollhouse furniture, 1950s Ken doll, Elvis doll, 1960s Elvis book, new porcelain doll, Mickey Mouse earrings, children's books, records and puzzles. 401-596-5788.

HARLEY DAVIDSON motorcycle hat with eagle insignia. Off-white wedding gown with matching head piece, size small. Two new blue gowns, miss's sizes 6 and 14. \$50 each. 401-596-5788.

NORDICTRACK Classic Pro Skier with Personal Performance Monitor Pulse Sensor. Very good condition. \$700 new. Asking \$250. 445-6075.

RCA PRO-SW60P powered sub-woofer. 60W. Low and high level inputs, Volume and frequency controls. 12"H x 10.5"W x 12"D. \$50. 445-6075.

REAL ESTATE / RENTALS

CAPE COD. High foliage season. Inches from the surf, sunrise views of river traffic. Nearby golf and miles of bike trails. Only room left with kitchen facilities. CapeCodbikeguide.com. OceanClub at Smugglers.com. Oct. 17 thru 24. Negotiable. 460-

To submit a classified ad, send an e-mail to EBNewsAds@gdeb.com with the following information:

CATEGORY *choose from*

Appliances	Computers	Pets	Real Estate / Sales
Autos / Trucks	Furniture	Real Estate / Rentals	Wanted
Auto Parts	Miscellaneous		
Boats	Motorcycles		

ITEM NAME; DESCRIPTION; ASKING PRICE; and HOME TELEPHONE *(include area code if outside 860). Deadline is the 15th of the month.*

Maximum of two 25-word ads per employee per issue.

Please include your name, department and work extension with your ad *(not for publication).*

Employees without e-mail can submit their ads through interoffice mail to:

**Dan Barrett,
EB Classified, Dept. 605,
Station J88-10.**

2086 or 691-2273.

WINTER RENTAL. Sept.-June. Misquamicut, R.I. 2 BR, 1st floor, beautifully furnished, non-smok-

ers, no pets. \$950/month. 401-596-9464.

EB Business Ethics and Conduct

Business Ethics and Compliance

When we talk about Business Ethics, we refer to the commitments that make our company great. Each of us should strive to be:

- ▶ Law abiding
- ▶ Honest and trustworthy
- ▶ Responsible and reliable, and
- ▶ Fair and cooperative

When we talk about Compliance, we refer to the laws, rules, regulations and policies that control and direct both our actions and those of our company.

The General Dynamics Standards of Business Ethics and Conduct includes information about both Ethics and Compliance. Each of us should read the Standards and understand the difference.

EB Ethics Director Frank Capizzano (860-433-1278) is also available to assist anyone regarding questions or issues that may relate to retaliation. The GD Ethics Hotline is available 24/7 at 800-433-8442, or 700-613-6315 for international callers.

Remember – when in doubt, always ask. 



New Hampshire Goes To Sea

New Hampshire leaving the Electric Boat shipyard, heading out of the Thames River on its way out to sea to begin Alpha trials.

Service Awards

40 years

229 Clifford L. Blair
241 Gregory S. Provenzano
248 Johnathan A. Bray
252 Donald C. Beeney Jr.
272 Barry C. Musto
278 Russell W.
Swanson
321 Lawrence D. Coburn
423 Stephen F. Burnett
423 Michael W. Smith
452 James F. Beyers
494 James F. Fletcher
633 Jacqueline C. Ricci

35 years

100 Raymond G. Karasevicz
100 Dennis A. Rogers
226 Everett E. Ferguson
229 Ronald R. Brewer
229 Robert M. Fisher
230 Gary L. Briggs
241 Philip J. Engratt
241 Shirley A. King
242 Thomas Sakowski
242 Ronald H. Szymanski
243 Michael R. Huffer
243 Norman D. Varney

244 Ronald J. Poirier
271 Daryl R. Judish
330 Dorothy A. Stillman
355 Linda S. Thompson
414 Edward N. Bradbury
415 Peter W. Stevens
423 Norman C. Craig Jr.
438 Kenneth K. Johnson
452 Sally D. Haddad
462 Arthur J. Lavallee
494 Douglas G. Marshall
501 Gary P. Fontaine
501 Michael A. Gdula
508 Allan R. Peckham Sr.
601 Kevin J. Poitras
604 Ernest A. Vetelino Jr.
645 William F. Passero
792 Gary E. Martin
902 Ronald P. Chambers

30 years

220 Donna O. Chaffee
241 Paul T. Warzecha
242 James A. Theroux
243 Alan D. Duperry
243 Kevin J. Godere
243 Richard A. Voyles
252 Timothy A. Brusseau Sr.
272 Edward A. Veprauskas
274 John T. Baker

278 Patrick W. Carty
434 Charles E. Zebrosky
438 Sarah A. Flora
445 David W. Lagram
447 Frank E. Longo Jr.
452 Robert W. Kingsborough
452 Bradley P. Smith
459 Gujebcan Mirsadschan
473 Robert D. Alling Jr.
501 Vern E. McLean
604 Cynthia L. Richie
626 Arthur F. Brogno Jr.
650 John M. Navin
691 William L. Parsons
795 Glen H. Rosenfeldt
915 Jesse M. Pacheco
921 Jeffrey Woodruff

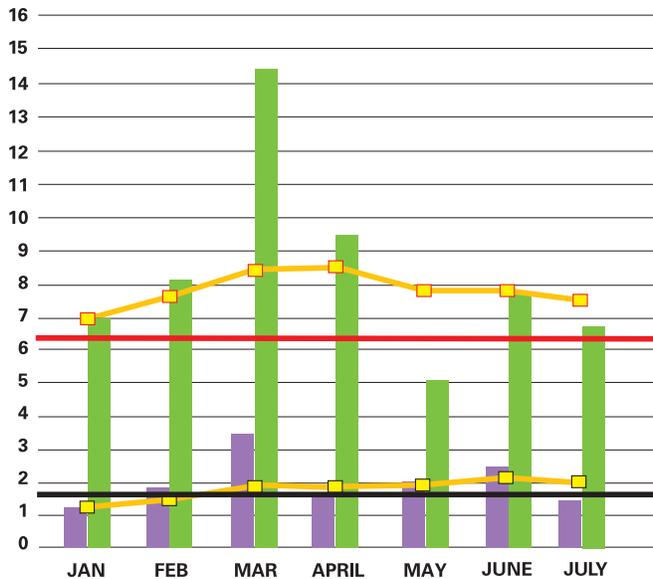
25 years

241 William O. Bright
355 John F. Bolduc
425 Peter N. Turco
447 Darcelle L. Flanagan
459 Thomas R. Briggs
459 Anthony D. Voccio
463 William M. McCormick
472 Alfred J. Garceau
473 Alice C. Dodge
473 Gerald E. Egan
604 Lynne A. Pickett

915 Brian W. Grundy
921 James W. Floyd Sr.
921 James J. Letarte
921 Anthony N. Lomastro Jr.
954 Robert F. Yost
962 Michael G. Rosiak

20 years

242 Joseph G. Hogan
403 Donald B. Ely
425 Christopher Rakha
435 Russell J. Correia
438 Michael E. Macina
453 George E. Botchis
453 Steven J. Rengigas
453 William B. Wood
456 Michael A. Ligmann
459 David P. Aubin
463 Frederick L. Russell
472 Elizabeth A. Poirier
494 Richard J. Stark
662 Matthew H. Carson
686 Shawn W. Hysong
707 David K. Gregory
915 Earl S. Mosby



2008

ELECTRIC BOAT CORPORATION INJURY INCIDENCE RATES

RECORDABLE INJURIES FOR 2008 = **474**
RECORDABLE INCIDENCE RATE YTD = **7.55**
2008 GOAL = **6.35 or less**

LOST TIME CASES 2008 = **125**
LOST WORK DAY CASE RATE YTD 2008 = **1.99**
2008 GOAL = **1.70 or less**

■ 2008 LWIR MONTH —■ 2008 RIR YTD
■ 2008 RIR MONTH — 2008 LWIR GOAL
—■ 2008 LWIR YTD — 2008 RIR GOAL